



SHSM Careers

in many industries:

- Education
- Recreation
- Sports Tourism
- Media



in many careers:

- Broadcasting
- Kinesiology
- Recreation/Sports Program Instructor
- Special Events Coordinator
- Personal Trainer
- Nutritionist
- Coach

Specialist High Skills Major SPORTS

F.J. Brennan High School



SHSM is for you if...

you are interested in one or more of:

- Earning valuable sector skills
- Graduating with a special designation
- Making connections in the Sports sector



Or...

if you are planning to:

- Go to University
- Go to College
- Become an Apprentice
- Go to the World of Work

Employers say... "You're hired!"



SHSM - SPORTS

For more information
contact Student Services

Phone: 519 945-2351

Website: <http://mail.wecdsb.on.ca/103>



Student success is the mandate of the new Specialist High Skills Major

Sports Focus at F.J. Brennan

Explore exciting sports related topics

Including, but not limited to:

- Competitive & Recreational Sports
- Sport Management & Business
- Sports Media & Broadcasting
- Sport Science & Engineering



Get valuable experience through partnerships with:

- Sector professionals (ie. coaches, trainers, therapists, athletes, medical representatives)
- Other forward thinking sports community and business members.

"Learning together in faith and service"

When can I start my SHSM

The SHSM is open to all students. Entry should occur prior to a student's grade 11 year, with special emphasis on scheduling a two credit co-operative placement in the sport sector.

What skills and certifications will I earn?

Earn seven of these compulsory and additional certifications:

- Standard First Aid and CPR
- WHMIS Certification
- Automated External Defibrillation (AED)
- Coaching / Personal Training
- Conflict Resolution
- Instructor Certification
- Leadership - Group Activities

What courses do I need?

Whether you are going to university, college, the world of work or becoming an apprentice, there is a course choice for you. Refer to the pathway chart below to help you select courses that are right for you.

Course Choices	POST SECONDARY PATHWAYS FOR SHSM					
	College or Apprenticeship		University		Workplace	
Grade 11 Majors Choose a min. of 2 courses (by pathway).	PAF30	Fitness	PAF30	Fitness	PAF30	Fitness
	PAL30	Healthy Active Living	PAL30	Healthy Active Living	PAL30	Healthy Active Living
	PPL30	Health & Physical Education	PPL30	Health & Physical Education	PPL30	Health & Physical Education
	TGJ30/M	Communication Tech	TGJ3M	Communication Tech	TGJ30	Communication Tech
	SBI3C	Biology	SBI3U	Biology		
<i>Grade 11 Religion is always automatically included as part of your SHSM for all pathways</i>						
Grade 12 Majors Choose a min. of 2 courses (by pathway).	PAF40	Fitness	PAF40	Fitness	PAF40	Fitness
	PLF4C	Fitness Leadership	PLF4U	Fitness Leadership	PLF4C	Fitness Leadership
	PAL40	Healthy Active Living	PAL4U	Healthy Active Living	PAL4C	Healthy Active Living
	PPL40	Health & Physical Education	PPL40	Health & Physical Education	PPL40	Health & Physical Education
	TGJ40	Communication Tech	TGJ4M SBI4U	Communication Tech Biology	TGJ40	Communication Tech
Co-operative Education	All students must take a minimum of two periods (placement equivalent to 2 credits or a half day) of co-op					