



APPENDIX A

Pr ST: 27 Human Development and Sexual Health Exemption

**Exemption from Instruction
in Human Development and Sexual Health Form**

(in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019*)

School: _____

Grade and Classroom Teacher: _____

At the Windsor-Essex Catholic District School Board, Family Life Education is taught using the Fully Alive Program, which is sponsored and developed with the approval of the Assembly of Catholic Bishops of Ontario in collaboration with educators and families. Having reviewed the Fully Alive parent and program resources for my child's grade, I would like my child to be exempted from instruction related to Unit 3: Created Sexual - Male and Female, without academic penalty.

During the exemption period, I would like my child to [*select one only*]:

- remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child's activities *unrelated* to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
- leave the classroom and remain in the school under staff supervision. I understand that my child's activities during the exemption period will be at the discretion of the principal.
- be released into my care or the care of my approved designate.

NOTE: If one of the three options above is not selected, the principal or the principal's designate will determine where in the school the child is to remain during the exemption period.

Notice of Period of Instruction*

For the 20__ – __ school year, the period of instruction related to the Human Development and Sexual Health expectations in your child's grade will start on _____ [*insert date*] and end on _____ [*insert date*]. The daily schedule for this instruction is attached.

* In this form, the *period of instruction* refers to the period, including the beginning and end dates, during which instruction in Human Development and Sexual Health during health and physical education classes is delivered. This period could extend over several days or weeks, depending on individual schools' calendars and teachers' lesson plans.

I understand and agree with the following statements:

- The Created Sexual - Male and Female (Unit 3) expectations are different in every grade so I must submit a completed exemption form every school year for every child to be exempted.
- References to or conversations about sexual health–related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption;
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations;
- Requests for exemption made by phone, or exemption forms that do not have a parental signature, will not be accepted;
- This exemption form must be returned by _____ [enter date] for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019*, as taught in Unit 3: Created Sexual – Male and Female.

Child's Name: _____
(Please print first and last name)

Grade and Classroom Teacher: _____/ _____

Parent's/Guardian's Name: _____
(Please print first and last name)

Parent's/Guardian's Signature: _____

Date: _____

PLEASE NOTE:

You will receive an acknowledgement letter from the school.

If you do not receive an acknowledgement prior to the first day of Human Development and Sexual Health instruction, as indicated above, please contact the Principal.