St. Anthony students break record for annual Walk and Green-a-Thon

by Heather Marentette

A couple of weeks ago, students from St. Anthony Catholic School in Harrow participated in their annual Walk and Green-a-Thon in an effort to promote physical activity and community participation.

Throughout the afternoon, students of all ages and grade levels took to local neighbourhoods and the Chrysler Canada Greenway to get some fresh air and collect any trash encountered along the way.

According to School Principal, Carl Bull, the fundraiser follows the school's mandate of healthy living as well as assists the community in keeping green. This year's event was recordbreaking with students raising more than \$5,200 for the school. The funds raised

will go towards athletic supplies, a school wellness program and technology.

"Thanks to the Harrow Family Pharmacy for once again sponsoring the trolley as well as the generous families and community that showed their support for the school," said Bull.

Last week, St. Anthony delivered on the many incentives that were offered to students as an encouragement for fundraising. The prize incentives included pizza parties for top fundraising classes in each division. \$300 worth of Spitfire tickets, a luncheon for all those students who raised more than \$50 in pledges, a movie and popcorn in the gym for the top division as well as Chapters gift cards for top fundraising individuals.



St. Anthony School in Harrow recently hosted its annual Walk and Green-a-Thon. Students broke their previous fundraising record this year by raising more than \$5,200 for their school.

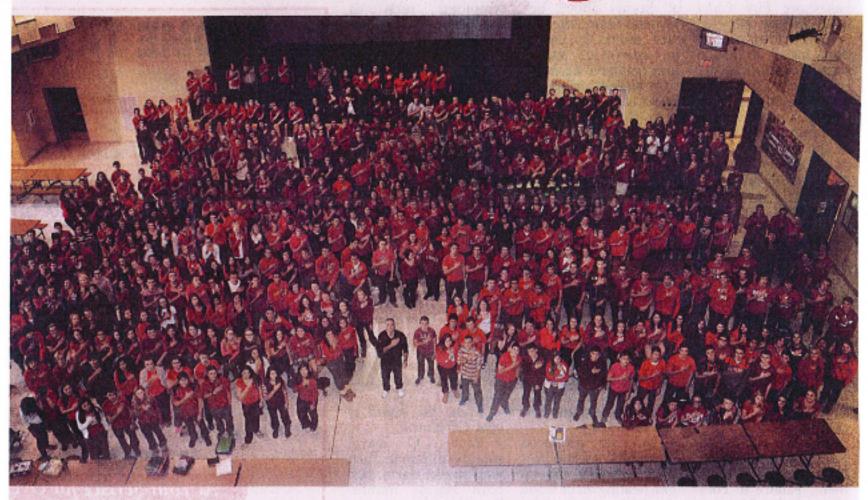
Fire Safety poster winners

Pichard have and the winners in the 48th annual Learnington Five Services power content for 2014. 35. Leaks Service on the overall selected perfect when the five all the select perfect when the five all the select perfect when the five that the constitution prior. In 1904, 19



The Grand Price where in the 45th annual Leasington Fire Services poster contest for 351d was Jani Kress, St. Logis School.

St. Anne students take part in 'Red Day'



Fri. Oct. 25, students from St. Anne Catholic High School took part in Red Day, which was declared by Windsor-Essex District Catholic School Board. staff and students across the county were given the opportunity to wear red to commemorate the loss of Warrant Officer Patrice Vincent, 53, and Cpl. nan Cirillo, 24, a reservist with Argylls of Canada - 91st Canadian Highlanders in Hamilton, Ont. Stephen Fields, communications director with the rd said the event was well received. "It was actually the idea of some students at St Anne," said Fields. "We decided to suggest to principals at all ur schools throughout Windsor Essex that they should encourage their students and staff to dress in red, as way of paying our respect to the victims demonstrating our solidarity as Canadians."

Lakeshore goes 'Purple for prevention'



Photo Courtesy of the Windsor-Essex Children's Aid Society

Ninety-five organizations participated in the "Go Purple for Prevention" day, to raise awareness of child abuse in Essex County.

Participating Lakeshore schools included St. John the Baptist Catholic Elementary School and St. Anne Catholic High School.

By Tom Morrison Special to the Lakeshore News

Students and staff at two Lakeshore area schools dressed themselves in purple to raise awareness of child abuse in Essex County.

The Windsor-Essex Children's Aid Society holds Child Abuse Prevention Month in October and asks local organizations to hold a "Go Purple for Prevention" day to support the cause.

Tina Gatt, WECAS

manager of community development, prevention and volunteer services, said 95 organizations participated, including St. John the Baptist Catholic Elementary School and St. Anne Catholic High School.

"We believe we are making a difference in raising awareness of child abuse throughout the community by meeting the community where they are at and allowing them the opportunity to engage in activities that they deem meaningful for their staff and for the children and families that they serve directly," said Gatt.

St. John principal Fran Hall has participated in the campaign for three years, previously as a vice-principal at other schools.

"We had talked about how we all have a role to play inprotecting the children and that wearing the colour purple shows that we care about others," she said.

The CAS provides

purple tattoos, purple ribbons, vehicle magnets, print materials and campaign posters.

In some cases, presentations at participating organizations are conducted.

Hall said she hopes the students have learned they are lucky to have parents who care for them.

"A lot of times the students think these things just happen overseas or in other countries, but I wanted them to be aware of students in our own community going home to these kinds of families," said Hall.

According to Gatt, the local CAS had 3,030 investigations of child maltreatment in Essex County in 2013.

Hall said the school also uses what are called "mentor texts" year round to share lessons with students. One of the themes is "being aware of the lives that other students live," she said.

She said she hopes all schools will participate in the prevention month.

"I think it's important that we realize that behind our nice clothes and our big homes, there's still a lot of child abuse that goes on."

Putting Students First at St. William Catholic School



Kindergarten students last week enjoyed a morning with parents and grandparents doing crafts and Halloween activities. The welcoming atmosphere was the hard work organized by the teachers and ECE's (Mrs. McMillan, Mrs. Grigicak, Mrs. Rock, Mrs. Long, Mrs. latridis, Mrs. Ferrato and Ms Massender). This marks the first year of Full Day Kindergarten at St. William School and the one million dollar expansion was completed on time for the start of the school year. Welcome Wildcats to our family!

ST. PIUS X

Mr. Villella's Grade 3/4 class presented a truly cross-curricular Halloween celebration involving literacy, drama, music, French, and visual arts.

The students set a series of Halloween poems to music and presented a Halloween play called "The Little Old Lady Who Wasn't Afraid of Anything".

Photos courtesy of Nancy Sarkis



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ST. ANNE H.S.

Coats for Kids campaign

St. Anne Catholic High School held their annual Coats for Kids campaign recently.

This initiative assists families and individuals with limited resources in need of winter jackets.

It serves to help families without the means to purchase the clothing needed to stay warm during the winter months.

This year, the campaign also included the collection of hats, scarves, and mittens.

Mrs. Livermore's Grade 10 drama students organized and promoted the campaign. They collected and sorted 700 coats donated by the generous students and staff of St. Anne.

Over 4,800 in seven years

Over the past seven years, St. Anne has collected over 4,800 winter coats which have been distributed to needy children and teenagers throughout Windsor and Essex County.



Photos courtesy of Jim Nehmetallah

Jayne Livermore's Grade 10 drama class is pictured with the donations they received from fellow students and staff during this year's Coats for Kids campaign.



Pictured here is Rima Mastronardi's Grade 8 class at Queen of Peace School. Students participated in a Think Global, Act Local initiative and participated in Pay It Forward on Friday, November 7. (SUN Photo)



Pictured here is Califyn Massad, left, and Abigall Wigle, right, holding the TopLine mini occumber packages that the class distributed to neighbours around their school on Friday, November 7 for Pay It Forward Day. The thank note attached reacts "From our family to yours, thank you for being a great community. Queen of Peace School with French Immersion." (SUN Photo)

Queen of Peace students Think Global, Act Local

By Sheila McBrayne

Grade 8 students at Queen of Peace School have spent the last month learning and teaching their fellow students about the importance of physical, spiritual and emotional health to maintain personal mental health.

As part of the United Way of Windsor-Essex's 'Think Global, Act Local' initiative the students of Rima Mastronardi's class accepted the challenge to look at a societal stigma. The students chose to focus on mental health because it affects so many teens and adults in so many different ways. "The students chose the topic, so they have been very involved. It's been a huge learning curve to realize the stigma attached to mental health and just how many kids and adults suffer from mental illness, whether it's anxiety or depression," said Mastronardi.

Each Friday for four weeks, the students learned about the various aspects of mental health and focused on how to maintain mental health. The Grade 8 students in turn taught what they learned to students in the younger grades, making it a school-wide project.

"They really listened; they understood and could answer questions. We asked what makes you sad, happy etc. and how being sad could be helped with little actions," said Caiflyn Massad. "I personally learned that mental health issues aren"t always huge, some are small things and how small things we do can help to get over it," she said.

Students learned how to use physical fitness, like running or shooting hoops, as stress relievers. For spiritual health, students studied how people can turn to God for unconditional acceptance.

"When you hear mental health you think of mental retardation, or big issues

like bipolar or schizophrenia... It's a medical condition. Your brain is telling you something wrong," said Kylie Murracas. "There's different ways to help – spiritual, physical, emotional... Like Random Acts of Kindness, it just makes you feel good to do good," she added.

The third aspect of emotional health was the focus of the final project for the students. The Grade 8 students learned how tensing, name-calling or bullying could affect a student's emotional health and make them feel bad about themselves. Likewise they learned how positive efforts had the opposite effect. When the students did something nice for someone else it made both people feel good. "You can do little things. Sometimes it starts out small and becomes a bigger program. You can do small things to keep it from escalating," said Abigail Wigle.

On Friday, November 7 the Grade 8 students turned this project into a Pay It Forward initiative as well by delivering packages of cucumbers to households in the Queen of Peace neighbourhood.

"I think we all learned there are big and small issues. Some big problems can have small solutions to keep under control," said Evan Nassif.

"This was a great initiative. It really opened their eyes to a lot," said Mastronardi.

Cougars reach volleyball final

By Bryan Jessop

A successful season ended with a collision into a big, red wall for the Cardinal Carter senior boys volleyball team.

The Cougars met the two-time defending champion Essex Red Raiders in the WECSSAA 2A championship match Friday, Nov. 7 at Essex District High School, where the hosts swept the best-of-five contest with scores of 25-16, 25-15 and 25-19. Cardinal Carter held its own early in the first, where the score reached 11-11 before Essex took the next six and never looked back.

In the second set, the Cougars pulled to within as close as 9-7 before the Red Raiders scored nine consecutive points. Cardinal Carter's game improved steadily for the third set, where they twice allowed four straight Red Raiders points and only once surrendered three in a row.

Essex is obviously a very well-prepared team," said Cougars head coach Jim Konrad, who is assisted on the sidelines by fellow coaches Rick Gori and Paul George, "We're a young team and did a great job getting here. We'll lose some key players (to graduation) but we'll rebuild early next year and see where it goes from there.

gars in Essex include Sheldon Foldesi, Dylan St. Bernard and Alex Goncalves. Next season's team will be led on the court by the likes of Arop Plack Deng, Peter Najem and Justin Faustino.

Cardinal Carter dominated WECSSAA's Tier II division in the regular season, finish-

ing first among 12 teams with an 11-0 match record and a nearly perfect set record of 32 wins and one loss for 54 10 more than the second-place Learnington Lions. The Cougars' only set loss came Oct. 6 against Assumption.

The Red Raiders earned double points toward 2A playoff seeding standings by playing the regular season in Tier 1, which included three 4A and four 3A schools. Essex's 9-3, 23-13 record seeded it first in the 2A playoffs while Kennedy was ranked second as a Tier I team at 6-6 and 15-21.

"Tier I experience makes a big difference," Konrad explained. "They (Essex) held their own They deserve to be here and they deserved to win. We did a good job of beating bigger schools (Catholic Central and Kennedy), although it was tough not to finish the way we wanted to.

Although Kenredy blanked General Amberst in the quarterfinals, they were denied a spot in the final by the Cougars.



From left to right, the Cardinal Carter Cougars' senior boys volleyball team consisted of coach Paul George, Peter Najem, Alex Gonoalves, Sheldon Foldesi, Arop Plack Deng, Matthew Azer, Sam Abraham, Justin Faustine, Dillon St. Bernard, Dante Figliomeni, Josh Gow, John Marques, Josh Illias, coach Rick Gorl and coach Jim Konrad. Absent from the photo is Costa Liovas. The team took second place in the WECSSAA 2A group after tailing by scores of 25-16, 25-16 and 26-19 against the Red Raiders at Easex District High School Friday, Nov. 7 in the league final.

Some of the pivotal members of the team who played their last volleyball match as Couscores of 25-20 and 25-22 to win the semis. In the quarters, the Cougars defeated Catholic Central 25-19 in the opener, lost the next set 25-23 and then bounced back with 25-23 and 25-22 victories.

Konrad hopes to see returning members of the Cougars squad take part in the Velocity Volleyball program during the WECSSAA program's offsenson.

St. Anthony students visit Harrowood for Random Acts of Kindness Day



St. Anthony School students stopped in for a visit with Harrowood residents last week for Random Acts of Kindness Day on Friday, November 7. Pictured above in the middle of a card game are Cristine Alzaga, Noreen Myers and Makayla Buxton.

by Heather Marentette

Students from St. Anthony Catholic School in Harrow stopped in for a visit to Harrowood on Friday, November 7, joining in on the ever-growing movement of Random Act of Kindness Day.

Throughout the afternoon, some of the schools senior students sat with Harrowood residents to chat, ask advice and even play games. According to Noelle Batz, a teacher at St. Anthony's, the students prepared question sheets for their visit and asked questions to their new friends about their life, hobbies, likes and dislikes. They also asked advice about

life in general and shared some personal information of their own.

"We wanted the students to really get to know them," said Batz. "...I think it's really important that younger students take the opportunity to learn from seniors but also that the seniors get to know the younger generation in their community."
Random Act of Kindness
Day is celebrated widely

Day is celebrated widely across Canada and the United States by various communities, organizations and groups. Its aim is to inspire people to practise kindness and pass it on to others.

"I think that it's good for the

students to be aware of the fact that something so small and easy to do, like visiting with someone, can really mean a lot," said Batz. "Just spending time with others can be a big gesture... Random Act of Kindness Day reminds us to always be kind and that you don't have to spend a lot or any money

at all to show your appreciation for someone."



Joshua Wickham, a grade 8 student at St. Anthony Catholic School in Harrow, spent some time visiting with Harrowood resident, Alfred Bezaire, on Friday, November 7. The visit was a class-wide effort to celebrate and bring awareness to Random Acts of Kindness Day.

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ST. WILLIAM SHORELINE

Food and Coat Drive held to help the needy



Photo courtesy of Joe Bachetti

St. William Catholic School students and staff collected over 60 boxes of non-perishable items for the Essex Area Food Bank, along with 30 bags of coats, snow pants, hats, and mittens for students in the WECDSB family.

The Mission Team of St. William Catholic School is always up to something.

Our last project was a Food and Coat Drive.

Why you may ask?

The answer is simple— Jesus asks us to be his hands and feet; in other words He needs us to do his work here on Earth.

Our students and staff certainly answered the call!

The kick-off began with a video at our Thanksgiving Mass looking at why are we Catholic?

Then during the homily, Fr. Antony reminded us why we should help those less fortunate than ourselves, as an act of thanksgiving.

We watched a video on food inequity at the end of mass.

That set our students into action making post-

Our Mission Team announcements made with a meaningful message each day, collected from classrooms and sorted the donated items.

We as an allergy aware school did not have students bring in Halloween treats. Instead, they donated food to feed the hungry and coats to keep others warm.

The result?

The shelves of the Essex Area Food Bank will be filled with over 60 boxes of non-perishable items generously donated by our staff and students, continuing on a partnership started decades ago.

We also collected 30 large garbage bags full of coats, snow pants and even some hats and mit-

tens that are being donated to other students in our WECDSB family.

Way to go St. William! We are proud of you and how readily you answered the call of Jesus!

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ST. ANNE H.S.





St. Anne's junior girls (top photo) and senior girls won their respective WECSSAA basketball championship games against the Holy Names Knights last week.

> Photos courtesy of Tracy LaMarre

WECSSAA basketball champions!

The St. Anne Saints won the WECSSAA junior girls and senior girls basketball titles with victories over the Holy Names Knights last week.

The junior Saints, coached by Chris Rainer, defeated the Knights 50-21. Anna Ulicny and Maddie Bardol were named MVPs The team played St. Patrick's in Sarnia last night for the SWOSSAA title.

The senior Saints, coached by Bob Loebach, defeated the Knights 37-33. Brielle Loebach led the Saints in scoring with 13 points while Hannah McClounie and Ryann Dowling each had 10 points. St. Anne trailed in the game for the first three quarters and were down by seven entering the fourth quarter, but three-pointers from McClounie and Dowling started the comeback.

The team will play for the SWOSSAA title tonight on their home court. 'They remember'

Plaque honouring former student Cpl. Andrew Grenon blessed at St. Joseph's H.S.

The spirit and ultimate sacrifice of Corporal Andrew Grenon will never be forgotten at St. Joseph's Catholic High School.

"It's been six years now," says Theresa Charbonneau, the mother of the local soldier who died on September 3, 2008 when a rocket-propelled grenade struck the armoured vehicle he was riding in during his second tour of duty in Afghanistan.

"You would have thought it may have gone to the back of people's minds by now, but it hasn't. People I hardly even know, even strangers will come up to speak to me.

"They remember."

People will continue to remember Cpl. Grenon, a former St. Joseph's student, thanks to a new tribute in his honour.

A commemorative brass plaque – which was donated by CP Rail – was blessed at a Remembrance Day ceremony on Tuesday.

The plaque will be mounted on a wall near the school's main entrance, right above a bench that was named after him. A framed photo of Cpl. Grenon, along with a poem in his honour, will be hung there too.

"We recognize Andrew every year," said Deirdre Drouillard, a teacher at the school who is part of the Remembrance Day ceremony planning committee at the school.

"He's always a part of our ceremony."

See CHARBONNEAU on page 2



Charbonneau recalls conversation with son

Continued from page 1

Charbonneau, along with her husband Mike and younger son Matt, laid a wreath during Tuesday's ceremony at the school.

A member of the Princess Patricia's Canadian Light Infantry, Cpl. Grenon attended St. Joseph's, but didn't graduate.

During his Grade 12 year, at the age of 17, he left school to join the Canadian military.

His mother can recall a long car ride when they discussed his decision at length.

"I asked him why the military," she recalls. "He said, 'I need structure and I need discipline, and I can't get that by myself. The military will allow me to succeed."

"I thought that showed remarkable maturity for his age."

Charbonneau recalls wanting to call the recruiting centre to ask them not to talk with him until he had graduated from high school.

"But I knew it wasn't my place," she said. "He knew what he wanted to do."

When Charbonneau dropped by the school recently for a visit, she broke down in tears when shown the prominent position in which the tribute will be placed, and was comforted by Drouillard. Permanently etched in her memory is the morning her son died when two representatives from the Essex & Kent Scottish Regiment, dressed in kilts and full military regalia, arrived on her doorstep to deliver the tragic news.

"I was getting ready for work when they knocked on the door," she recalls. "I thought one of my neighbours was in some kind of trouble. I tried to close the door when I realized why they were there."

Even though she's had to suffer the pain of that horrible loss, Charbonneau says she still wouldn't have tried to dissuade her son from joining the military if she could go back and take that car ride with him again.

"He loved every minute he spent in the military," she said. "He wouldn't have changed it, and neither would I. His attitude toward life was that you do what you need to do, you constantly improve, and you live each day as if it's your last."

Not in vain

She also believes that her son's death was not in vain.

"What our soldiers did in Afghanistan was very helpful," she said. "They are in a far better place because of our efforts. I think we've made great strides.

"Canada, and the rest of the world, can't stop fighting terrorism now. We need to continue what we started."

- Source: Windsor-Essex Catholic District School Board



Staff and students at Cardinal Carter Secondary School raised \$28,035 in the annual Cougar Lottery. This was higher than other years and after all expenses and prizes are paid, it is expected that the school will have raised about \$21,000. Pictured here on Friday, November 7 receiving their prizes, from left to right, are Sue Latour, chair of the lottery committee, Luis Recinos, grand prize winner of \$3,000, Jose Carreiro, \$500 winner, Joanne Bateman, \$500 winner, and principal Patti Mouland. Absent from photo were \$500 winners Tony Antunes, Marilia Vagos, Lucy Oliveira and Ercole DiMenna.

(SUN Photo)

Kingsville Legarty Tuesday, November 11, 2014

Fundraising goal achieved



A special assembly took place at St. John de Brebeuf Elementary School on Monday to celebrate the students' achievements at their recent Walk & Jog fundraiser. Several classes and students were recognized for leading the way in fundraising. Since the school exceeded their ultimate goal, St. John Principal Jeff Chambers agreed to have his head shaved. The event delighted the students who made plenty of noise when the shave took place. Several of the top fundraisers were given the opportunity to take a swipe at Mr. Chambers' hair. Master hairstylist John Gaffan of Gaffan's Apex Barber Shop had the honour of finishing the cut. Pictured, Jeff is all smiles as John finishes the job started by the students.

Photo by Steve l'Anson

St. John Catholic School The Windsor Star - November 12, 2014

Desiree Dietz, left, Jaggar Ford-Klein and Ashley MacLachlan stand at attention in front of St. John Catholic School Tuesday as Grade 7 and 8 students participated in a Remembrance Day tribute with rotating shifts from 8 a.m. until 6 p.m.

