



## **WECDSB Substance Use Webpage: Staff Resources**

### **What do I do When I Suspect There is a Problem?**

Develop Rapport and show concern and empathy  
Be non confrontational with the student  
Be a good listener  
Be supportive and understanding of student's dilemma.  
Where to go for help ( See School Social Work Model below)  
Speak to School Administration in regards to your concerns  
State only the facts about your observations.

### **What is the WECDSB Staff Role?**

- \* If the student has come to you looking for help let the student know that you will consult with the School Social Worker to obtain direction. Assure the student that the information will be kept confidential.
- \* Encourage the student to go with you and consult with the school Social Worker and/or school administration.
- \* It is important to follow up with the student to confirm that they are receiving some assistance.

### **Drug Education Curriculum**

Education is critical to the prevention of drug abuse. Parents, guardians, educators, and society in general all have key roles to play in educating students about drug use and abuse.

Alcohol and tobacco are the drugs most readily available to Ontario students, and smoking is the primary cause of preventable illnesses, disabilities, and premature deaths in Canada. The substance use and abuse learning expectations respond to these facts by focusing on an understanding of the effects of drugs – prescription drugs, non-prescription drugs, illicit drugs, tobacco, alcohol – and the consequences of their use. This knowledge is integrated with the development of a variety of living skills that help students make and maintain healthy choices.

By using problem-solving, decision-making, refusal, and assertiveness skills effectively, learners can select healthy, drug-free behaviours based on accurate information.

**(From Ontario Curriculum Health and Physical Education Gr. 1-8)**

#### **Ontario Curriculum Gr. 1-8**

<http://www.edu.gov.on.ca/eng/curriculum/elementary/health18curr.pdf>

#### **Ontario Curriculum Gr. 9-10 (Substance Use)**

<http://www.edu.gov.on.ca/eng/curriculum/secondary/health910curr.pdf>

#### **Ontario Curriculum Gr.11-12 (Mental Health)**

<http://www.edu.gov.on.ca/eng/curriculum/secondary/health1112curr.pdf>

#### **CAMH Lesson Plans ( take off parent page and add here)**

[http://www.camh.net/education/Resources\\_teachers\\_schools/Drug\\_Curriculum/](http://www.camh.net/education/Resources_teachers_schools/Drug_Curriculum/)

## **Drug Education Resource Guides**

#### **Building on our Strengths: Canadian Standards for School-based Youth Substance Abuse Prevention- A Guide for Education and Health Personnel**

[http://www.ccsa.ca/2009%20CCSA%20Documents/ccsa0117812009\\_e.pdf](http://www.ccsa.ca/2009%20CCSA%20Documents/ccsa0117812009_e.pdf)

(Canadian Centre on Substance Abuse, CCSA)

#### **Take Action Resource Guide: Secondary Schools**

<http://www.opheaprograms.net/tasecondary/>

(Ontario Physical Health Education Association, OPHEA)

## **Interactive Web Resources for Student Use**

#### **Virtual Party, Secondary Use**

<http://www.virtual-party.org/en/vpmain5615.html>

#### **Experiment.ca, Secondary Use**

<http://www.xperiment.ca/>

( Canadian Centre on Substance Abuse, CCSA)

**My Room**, Elementary

<http://www.aadac4kids.com/>

( Alberta Alcohol and Drug Abuse Commission)

## **Description of Substances and Student Resources**

**Take Action:**

**Glossary of Terms**

[http://www.opheaprograms.net/tasecondary/substance\\_use\\_and\\_abuse/glossary\\_of\\_terms/](http://www.opheaprograms.net/tasecondary/substance_use_and_abuse/glossary_of_terms/)

**Description of Drugs**

[http://www.opheaprograms.net/tasecondary/substance\\_use\\_and\\_abuse/descriptions\\_of\\_drugs/](http://www.opheaprograms.net/tasecondary/substance_use_and_abuse/descriptions_of_drugs/)

**More about Alcohol, Cannabis and Tobacco**

[http://www.opheaprograms.net/tasecondary/substance\\_use\\_and\\_abuse/more\\_about\\_alcohol\\_cannabis\\_and\\_tobacco/](http://www.opheaprograms.net/tasecondary/substance_use_and_abuse/more_about_alcohol_cannabis_and_tobacco/)

**Do You Know.....Pamphlet Series (CAMH):** Pamphlets available for student use that will give information about a variety of substances and their effects. First 100 copies are free of charge to Ontario residents!

[http://www.camh.net/Publications/CAMH\\_Publications/do\\_you\\_know\\_index.html](http://www.camh.net/Publications/CAMH_Publications/do_you_know_index.html)

**About....Pamphlet Series (CAMH):** Full color publications use a humorous approach to deliver a serious message to Teens. Each publication focuses on a specific addiction and covers what it is, who is likely to become addicted and the sensations and dangers associated with the addiction.

[http://www.camh.net/Publications/CAMH\\_Publications/about\\_series.html](http://www.camh.net/Publications/CAMH_Publications/about_series.html)

## **Identification and Potential Signs of Substance Use**

**Adolescence and Risk Behaviours: Identification of Drug Use**

[http://www.opheaprograms.net/tasecondary/substance\\_use\\_and\\_abuse/adolescence\\_and\\_risk\\_behaviours/](http://www.opheaprograms.net/tasecondary/substance_use_and_abuse/adolescence_and_risk_behaviours/)

**Potential Signs of Substance Abuse**

[http://www.opheaprograms.net/tasecondary/substance\\_use\\_and\\_abuse/potential\\_signs\\_of\\_substance\\_use/](http://www.opheaprograms.net/tasecondary/substance_use_and_abuse/potential_signs_of_substance_use/)

“Educators are encouraged to talk openly and engage with students when there are concerns.” (Take Action in Secondary Schools, OPHEA)

# WECD SB School Social Work Model

## SCHOOL SOCIAL WORK MODEL

### SUBSTANCE ABUSE INTERVENTION

